

ADS TO COPY, PASTE & POST

Posting on Facebook & Instagram is SIMPLE & very effective !!

Below is example sales copy that you can use. Copy the words & paste it to the status. You can tweak the words, add or change emoticons or add punctuation to personalize the post even further.

Attach a QUALITY photo from the **100% Epic Group** (we suggest creating an album in your phone for easy access to your favorite photos) and get ready for the leads to start rolling in!!!

1

I AM LOOKING FOR 20 MEN OR WOMEN who want to lose 20-30lbs minimum in a 60 day time frame!!!

👤👤 IF THAT IS YOU COMMENT BELOW OR MESSAGE ME 🙌🙌

- 🚫 NO SHAKES
- 🚫 NO WRAPS
- 🚫 NO HARSH DETOX TEAS

100% MONEY BACK GUARANTEE

👉 ALL-NATURAL 👉
👉 ORGANIC 👉
👉 HOMEOPATHIC 👉

2

👩👩👩 Congratulations!!! 👩👩👩

Loving Wife, Incredible Mother, Successful Entrepreneur...being successful in life is not about being "busy", it's about being intentional and taking the right actions to reach your goals...(Name of woman in picture) gets results!!

Never be too busy to take care of yourself 😊
Who's next to get results? Comment Me Below or Message Me.

(Use a quality picture of a mother and business woman)

3

👩👩 Yesss!!! Congratulations!! 👩👩

At some point you have to stop wondering if it is possible for you and start believing it is possible.

Yes it's possible to feel healthy.
Yes it's possible to have more energy.
Yes it's possible to look and feel younger.

If you're ready to believe it's possible for you, comment "ME" below or MESSAGE ME. 👩

4

Who needs to lose weight in their belly area?

COMMENT YES BELOW

↓ ↓ ↓

Then INBOX ME

5

Mary struggled with weight loss all her life.

Started using a proven system that works.

Who's next to manage their weight?

Comment Me below or Message Me.

6

If you are looking to lose 2-3lbs per day with a natural and simple 3 step weight loss system...

100% Money Back GUARANTEE

Comment "ME" Below or Message Me!

10

WARNING!! This will put a smile on your face!!

Congrats to (Name) for losing ___lbs and gaining her confidence!

Who's Next? Comment "ME" Below or Message Me!

7

Results are still loading....

Are you ready to start your journey?

Comment "INFO" below or inbox me today!

11

(Personal testimonial)

So they say the camera adds 10 pounds. 🙄

Well, my simple 3 magic beans took away 5 lbs. already this week!

My goal is 7 more inches and 15 lbs. by _____.

I'm so excited ya'll!!! Message me if you would like details.

8

SERIOUSLY....
HAVE YOU ORDERED YOUR 3 PILL SYSTEM YET?

Results will begin the first week or so...

Amazing things can happen in just 60 days!

Who's Next? Comment "ME" Below or Message Me!

12

Gone are the days of struggling to lose weight. I have a solution that is literally liposuction in a capsule 🍷🍷🍷🍷🍷🍷

Raise your hand if you'd like to lose an extra 30lbs!! 🙋🙋🙋🙋

9

(Use a picture of someone showing the weight loss in their back)

Now this is a woman's dream.... 🍷🍷🍷🍷 🌟🌟
🌟🌟

Every woman has or have dealt with the struggle of the extra tissue on her back!!!!

Well....she did this in ___ days...

What did she use?????

3 "Magic Beans" System.

Let's have a conversation about how much you need to lose and how fast do you want to lose it!

Comment "Me" below 🙋🙋

13

Who says the older generation can't claim their health and happiness back?? YES THEY CAN!!!

Stop saying you can't do this! Take it from someone who has tried them all! These products do what they claim and more!!

14

Mom's, you make everyone else a priority so it's time you made yourself a priority. Take care of yourself. Who's next? Message Me.

15

Congratulations (Name)!!! ___lbs lost is ___ days!!!

All it takes is one decision to stay committed.

Who's next to make a decision? Message Me.

16

Ladies it's time out for using your child as an excuse it's time to make them your reason!

Who's next to snatch their body back?

Who's Next? Comment "ME" Below or Message Me!

17

👏👏 Yessss! Down ___lbs in ___months!!👏👏

You'll never know if it will work for you unless you try it.

30 Day money back guarantee.
You have nothing to lose but that stubborn belly fat
Who's Next? Comment "ME" Below or Message Me!

18

- ✓ You want to Lose Weight? I Can Help.
- ✓ You want to Gain Muscle? I Can Help.
- ✓ You want to Get Healthy? I Can Help.
- ✓ You want to Get Paid while doing it? I Can Help.

Who's next? Message Me.

19

There are two types of moms....the type to use their children as an excuse for their weight gain.... the type to use their children as their motivation to drop the weight, stay healthy and be active with their child.

Where are the moms who want a healthy lifestyle? Message Me.

20

👊👊 BEAT THE BLOAT 👊👊

Do you ever get bloated? It's not fun, it's extremely uncomfortable and it causes the waistline to rapidly expand 😞

5 Simple Ways To Get Rid Of Bloating:

1. Don't stuff yourself
2. Slow Down
3. Make Water Your Main Beverage
4. Don't Shy Away From Coffee Or Tea
5. Pay Attention To How Your Body Reacts To Food

If you want to know my suggested products that helped me or want more details on ways to rid bloating comment below or message me.

21

FLAT ABS FAST!!

Are you ready to get rid of the rolls?

6 Best Kept Secrets of Getting Flat Abs Fast

- Abs are made in the kitchen
- Become a "long sleeper"
- Lower Your Stress Levels
- High Intensity Interval Training
- Sit Straight Up
- Snack During the Magic Hour...3pm-4pm

Congratulations (Name) for losing ___lbs!

Who's ready to get Flat Abs Fast?

Comment "ME" Below or Message Me!

22

FIT INTO YOUR SKINNY JEANS...AGAIN

Are you ready to fit back into you favorite pair of jeans?

Here Are 7 Tips To Help You

- Eat Protein At Every Meal
- Don't Drink your Calories
- No Eating After Dinner
- Eat 3 Meals A Day
- Track Your Eating Habits
- Exercise 3x Per Week
- Strength Training

My clients get results! Message me for more info on how to get back into your jeans!

23

WALK YOUR WAY TO SLIM

Here's How to Burn about 405 calories!

- Warm-up: Stroll for 5 minutes.
- Interval Workout: Maintain a hard power-walk intensity for 2 minutes. Recover at a brisk pace for 1 minute. Repeat for a total of 15 intervals.
- Cooldown: Stroll for 3 to 5 minutes.

Congratulations _____ for staying committed to 30 days of exercising and using her/his products consistently!

Who's next to walk their way to slim? Comment Me below or Message Me!

24

HOW I GOT SLIM!!!

Lose up to 20lb in 60 Days or Less!

- Commit to Your Health For 60 Days
- 30 Min Exercise
- Gastric Bypass in a Capsule

Simple plan that works! Are you ready to get slim?

Comment Below or Message Me.

25

DROP 10 LBS FAST!!!

Before Breakfast

- Drink A Glass Of Lemon Water
- Eat Fruits For Breakfast
- Make Your Lunch Protein Dominant
- Eat Dinner 2-4 Hours Before You Go To Bed
- Use My Secret Weapon!!

Want to learn more about how to Drop 10lbs Fast? Comment Below or Message Me.

26

LOSE 30LBS IN 30 DAYS!!!

Lose the weight quickly and safely!

- Menu Designed By A Professional
- If You're hungry Eat An Extra 100-200 Calories
- Get in 30 Minutes of Cardio
- Choose Fun Activities that Burn More Calories

Congratulations to (Name) for losing ___lbs in 30 Days!!!

Comment "Me" Below or Message Me to Find Out Specifically How They Did It!

27

7 DAY SLIM DOWN!!

Did you know you could lose 5lbs in 7 days?

Well, the secret is out!

Comment "ME" below or message me for details!

28

Drop 10 lbs By (fill in date)

It's not too late to drop the weight!

Don't wait until next week, next month or next year! Get started NOW!

Comment "Me" Below For More Info or Message Me!

29

Drop 2 Sizes!!!

The only problem you're going to have is having to buy a new wardrobe!

3 Tips!

- Eat Less Calories
- Choose Low Choose Low Calorie Foods
- Exercise For 30 Min

Congratulations (Name) for dropping ____ sizes!!

Who's next to drop 2 sizes??

For Details Comment "Me" Below Or Message Me.!

30

How I Got My Body Back!!

3 Ways To Get Your Body Back When You've Let Yourself Go

- Do Things That Make You Happy
- Make Changes That You'll Maintain
- Heal Your Relationship With Food

Congratulations (Name) for taking the steps to get your body back!

Who's next to get their body back?

Comment "ME" Below or Message me directly for details on the exact plan!

31

Hot and Happy!

It feels great to be confident in your own skin!

No more hiding behind baggy clothes.
No more avoiding the camera
No more struggles pnding your size

Who's next? Be Hot and Happy!

Comment "me" or message me!

32

Bikini Ready?

Tired of wearing cover ups to hide the rolls?

It's time to say bye bye and lose 20lbs in 30 days!

You can't go wrong with this 3 Capsule System!!

Want More Details? Comment Me Below or Message Me For Info!

33

Slim & Happy

Carrying unwanted pounds weighs you down not only physically but mentally.

Drop the weight and get lifted! Better Body. Better Mood.

Comment "Info" For More Details!

34

How I Lost ____lbs!

- I committed to 60 Days
- I exercised for 30 Minutes For 60 Days
- I took my 3 simple vitamins

Simple as 1-2-3!

Comment "Me" Below Or Message Me For More Info!

35

This is exactly TWO months apart. 10 lbs down!

I take 3 simple vitamins and have NOT changed my diet AT ALL!

My chronic fatigue is gone and I feel amazing!

If you want to get your happy back comment "me"

36

Slimmer! Fitter! Sexier!
Imagine yourself burning the fat, building lean muscle and looking good in that little black dress!

Commit 60 Days to 30 Minutes of Exercising and using products that work!

Who's next to get Slimmer! Fitter! Sexier!

Comment "ME" below or Message Me!

40

Would you like to lose some excess weight before 2020 ends?

People all over the world are dropping pounds like crazy with our simple 3 Magic Beans!!

Look at what Mary has to say.....
(re write the words from a post in the 100% Epic FB group and add the picture)

37

LOSE BELLY FAT FOREVER!!!
Are you tired of fighting that stubborn belly fat?

Are you ready to get rid of it forever?

Congrats (Name of person in the picture) for losing the belly and keeping it off!

Comment "ME" below or message me for info!

41

BUSY MOMS STOP GAINING WEIGHT!!
Keep the Pounds from Creeping On
5 Pitfalls Falls to Avoid

- Eating endless empty calories at birthday parties-eat before you go
- Cleaning your kids' plates-stop eating the food your kids don't eat it adds calories
- Relying on Fast Food-if you do go with grilled, fruit, veggies
- Forgetting to eat at all-it may cause you to overeat when you do eat
- Gorging on gummies-Offer up healthy snacks first

It's time to get the unwanted pounds off and keep them off!

Congratulations (Name) for using the 3 Pill System to get the pounds off and following simple tip to keep the pounds off!

Who's Next? Comment "Me" Below or Message Me!

38

FIT. STRONG. LEAN
It's never too late to transform your body!

It's time to Drop the fat, Build the muscle with my Favorite 3 Pill System...

Congrats (Name) for taking your control of your body!!

Who's next to get Fit. Strong. Lean?

Comment "ME" or Send Me a Message for Info!

42

HOW (Name of person in the picture) LOST ____LBS!

This product is no joke!!

People are losing 20-40lbs in 5 weeks!

Who's Next? Comment "Me" Below or Message Me!

39

LOSE 5 LBS IN 5 DAYS!

No Changing Your Diet!
No Exercise!!

Congratulations ____ for losing ____lbs in ____ days!!

Who's Next? Comment "Me" below for more details!

43

SLIM DOWN THE EASY WAY

8 Fat Releasing Habits

- Move Around to Burn Off Snack Calories
- Eat Snacks but Eat Smart Snacks
- Sleep It Off - Get 8 ½ Hours of Sleep
- Rethink Your Workout Routine - Add Variety
- Detox Your Life! Toxins, chemical and pollutants in Our Foods Need to Get Out Our Bodies
- Don't Rely on Exercise Alone Leads to Little Results
- Laugh Everyday - Stress Takes a Toll on Our Weight - Laughter is the Best Medicine
- Find a Workout You Love - When You Enjoy It, You Won't Avoid It

Congrats (Name) for losing ___lbs using simple tips along with the 3 Pill System!

If You're Ready To Slim Down The Easy Way
Comment "ME" Below or Message Me!

44

SLIM DOWN SECRET

Have you heard of the 3 Pill System?

No need for surgery...

Drop 1-3lbs Daily...

Get the results you want Naturally!!

Want The Secret? Comment "ME" Below or
Message Me!

45

LOSE 12 LBS THIS MONTH!!!

Fast, Safe, For Good!

There are people who watch and make excuses...
There are people who make a decision and get results.

Are You Ready to Lose 12lbs This Month?

Comment "ME" below or Message Me!

46

GET READY TO DROP 20LBS!!

7 Changes To Make If You Want To Lose 20lbs or More

- Strategize a Long Term Plan - You want to lose and keep it off - Make lifestyle changes
- Master the Big Stuff - Eat more veggies in your meal, eat breakfast, don't skip meals
- Don't Obsess Over the Scale - Sometimes you lose inches and not pounds
- Start Weight Loss Boosting Habits - Stand instead of Sit, Park Further Away and Walk
- Progressively Cut Calories - Eat fewer calories than you burn per day
- Lift Something Heavy - Strength training equals more fat loss
- Love Your Body - Getting down on yourself does nothing to fuel your weight loss results

Congrats (Name) for losing ___lbs using simple tips and the 3 Pill System!

If You're Ready to Drop 20lbs Comment "ME" below or Message Me!

47

SICK AND TIRED OF YOUR FAT?

Clients who get disciplined with their choices are averaging a loss of 15-20lbs in a month!

I'm ready to help you get results.

If you're sick and tired of your fat Comment "ME" Below or Message Me 😊

48

GET SLIM FOR SUMMER

Look and feel your best!

Lose the Pounds

Gain More Energy

Improve Your Health

Are you ready to get slim for Summer?

Comment "ME" below or Message Me!

49

5 TIPS FOR WEIGHT LOSS SUCCESS

- Remember the 25-25-50 rule: Fill your plate with 25% complex carbs (whole grains, beans, or root vegetables like sweet potatoes), 25% lean protein, and 50% vegetables
- Don't skip Meals
- Eat A Good Breakfast
- Good Enough Sleep
- Use the product!!

If You're Ready For Weight Loss Success Comment "ME" Below or Message Me!

52

EASY SWIMSUIT SHAPE UP PLAN

- Commit to 60 Days
- Exercise 30 Minutes a Day
- Get the 3 Pill System!

Congratulations to (Name) for losing ___lbs in 60 Days!!!

Who's ready to feel Pne in their swimsuit?

Comment "ME" below or Message Me!

50

NO MORE FAT DAD!!!

CONGRATS (Name) FOR DROPPING ___LBS IN ___ DAYS!

- More energy for the kids
- Better mood
- And of course special benefit for your partner!

Dad's who's next to drop the fat and bring the spark back?

Comment "Me" Below Or Message Me!

53

SHE GOT HER BODY BACK!!

Lose 20lbs in 60 days!

- Simple workout secrets
- Meal Plan
- So easy you can do it too!

Who's next to get their body back?

Comment "ME" or Message Me For Details!

54

SLIM. CALM. SEXY

A Fast, Easy Plan To Drop Pounds and Beat Stress

- Commit to 60 Days
- Exercise 30 Minutes a Day
- Use The Product!

Congratulations to (Name) for losing ___lbs in 60 Days!!!

Who's ready to be SLIM. CALM and SEXTY?

Comment "ME" below or Message Me!

51

TWO BABIES AND TWO DRESS SIZES SMALLER

No need to keep that baby weight!

Being a mom doesn't mean being fat and out of shape.

Drops the pounds, gain more energy and get better sleep!

Are you ready to be two dress sizes smaller?

Comment "ME" below or message me!

55

BEACH READY NOW!

- Toned Butt
- Killer Core
- Leaner Legs

Congratulations (Name) for losing ____ lbs in __days with the 3 Pill System!!

Work out plan and meal plan provided!

Who's Ready to get Beach Ready?

Comment "ME" below or Message Me!

56

10LBS GONE!

Zero Cardio Needed
No Diet Change Necessary

Who's Ready To Drop 10lbs?

Comment "ME" below or Message Me!

67

HOT BODY EXPRESS!

Shortcuts to Getting Slim and Sexy...

- ☐ NO WRAPS
- ☐ NO SHAKES
- ☐ NO HARSH DETOX TEAS

• 100% MONEY BACK GUARANTEE

-  ALL-NATURAL 
-  ORGANIC 
-  HOMEOPATHIC 

COMMENT "INFO" BELOW OR MESSAGE ME FOR DETAILS!

58

CURB SUGAR CRAVINGS WITH THIS MIND TRICK

5 Second Trick to Stop a Sugar Craving

The trick is called the Salty Sweet Visualization Exercise...

Imagine sprinkling a tablespoon of coarse iodized salt (I'm not talking about delicious, Baky Beur de sel) on it and imagine what it would be like to take bite after bite, swallow after swallow of the "pinch your tongue" super-saltiness.

Do this visualization when the urge to consume the sweet stuff comes up, and you'll have some serious problems just thinking about having a taste.

Congratulations (Name) for controlling those sugar craving and losing ____ lbs in __ days with the 3 Pill System!

Who's next to curb sugar cravings and lose weight?

Comment "ME" below or Message Me!

59

CONGRATULATIONS (Name)!!

WANT TO KNOW HOW SHE/HE LOST ____LBS AND GOT THIS FIT!!

COMMENT "INFO" BELOW OR MESSAGE ME FOR DETAILS!

60

HOT BODY NOW!!

- Flat Belly
- Lean Legs
- Tight Butt

Work out plan and meal plan provided!

Who's Ready for a HOT BODY?

Comment "ME" below or Message Me!

61

QUICK TRICKS TO EATING HEALTHIER

- Eat a High Protein Breakfast
- Avoid sugary drinks and fruit juice
- Drink water a half hour before meals
- Drink coffee or tea

Congratulations (Name) for losing ___lbs drinking weight loss coffee and detox tea!

Ready to drop ___ lbs by drinking coffee and tea?

COMMENT "INFO" BELOW OR MESSAGE ME FOR DETAILS!

62

LOSE INCHES ALL OVER

No Weights, No Machines, No Sweat

100% MONEY BACK GUARANTEE

• ALL-NATURAL
• ORGANIC
• HOMEOPATHIC

COMMENT "INFO" BELOW OR MESSAGE ME FOR DETAILS!

63

SLIM SEXY BODY!!

Time to bring sexy back

- Eat a breakfast high in protein
- Don't deprive yourself, but make healthy substitutions.
- Use fresh herbs.
- Definitely Eat Healthy Fats
- Exercise Planks, Sit Up and Cardio

Congratulations (Name) for losing ___ lbs using the 3 Pill System!

If you're ready to get slim and sexy Comment "ME" or Message Me!

64

BLAST BELLY FAT FAST!!!

And Get Your Life Back...

100% MONEY BACK GUARANTEE

• ALL-NATURAL
• ORGANIC
• HOMEOPATHIC

COMMENT "INFO" BELOW OR MESSAGE ME FOR DETAILS!

65

FIGHT FAT! (AND WIN!) 🙌🙌

Melt Pounds and Trim Inches Daily

100% MONEY BACK GUARANTEE

• ALL-NATURAL
• ORGANIC
• HOMEOPATHIC

COMMENT "INFO" BELOW OR MESSAGE ME FOR DETAILS!

66

FAT-PROOF YOUR LIFE

Tips to Eat Smart and Stay Trim

- Fill ½ your plate with fruits and vegetables.
- Make ½ of your grains whole.
- Choose lean protein.
- Choose low- or fat-free dairy.

Congratulations (Name) for losing ___ lbs using simple tips and the 3 Pill System!

If you're ready to FAT-PROOF YOUR LIFE Comment "ME" or Message Me!

67

BYE BYE BELLY!

(Name of person in the picture) Lost ____lbs in ____ days/weeks!

- Don't eat sugar and avoid sugar-sweetened drinks
- Eating more protein is a great long-term strategy to reduce belly fat
- Cut carbs from your diet

Who's Ready to say "BYE BYE BELLY!"?

Comment "ME" or Message Me!

70

OWN IT! BODY CONFIDENCE

It's time to feel confident looking in the mirror

- Trade Negative Thoughts for Positive Thoughts
- Find a Workout You Love
- Be Grateful
- Take The 3 Vitamins!

Congratulations (Name) for losing ____ lbs and reaching your goal!

Who's next to OWN their CONFIDENCE? Comment "ME" below or Message Me!

68

BIKINI BODY AT LAST!

How They Lost 100+ LBS

No Surgery. No gimmicks.

100% MONEY BACK GUARANTEE

•  ALL-NATURAL 
 ORGANIC 
 HOMEOPATHIC 

COMMENT "INFO" BELOW OR MESSAGE ME FOR DETAILS!

71

   Congratulations to (Name)!   

____ LBS down and looking refreshed and renewed!

Stop putting off till tomorrow what you can do today.

Who's next? Comment "ME" below or Message Me!

72

   Yesssss Congratulations!!!!   

Committing to a healthier lifestyle yields results.

Who's next? Comment "ME" Below or Message Me.

69

HOW I/SHE/HE LOST ____LBS!!

- Super Fast Weight Loss
- Flatter Tummy
- And the secret ingredient

Who's next to lose ____ LBS!

Comment "ME" below or Message Me!

73

  Yesss Honey Congratulations!!  

What commitment looks like 😊

Who's Next? Comment "ME" Below or Message Me!

74

👏👏👏 Congratulations (Name)!! 👏👏👏

How (Name) Lost ____ lbs!!
High Protein Low Carb Meal Plan
Exercise 3 Times a Week
And 3 supplements that ABSOLUTELY WORK!

Who's Next To Lose ____lbs? Comment "ME below
or Message Me!

78

👏👏👏 CONGRATULATIONS!!!! 👏👏👏

The truth is...THE RESULTS ARE REAL.

Is everyday going to be easy? No. BUT reaching
your goal is possible.

30 Day money back guarantee.

For Details Comment "ME" Below Or Message Me.

75

👏👏👏 Yesssss (Name)!!! 👏👏👏

Same dress, different fit! You don't have to buy a
new wardrobe to look good in your clothes 😊

Ready to fit back in your favorite dress? 🧺

Comment "ME" or Message Me!

79

👏👏 Okayyy (Name)!! Congratulations! 👏👏

Reaching your goals is a journey but reaching your
destination is well worth it.

Who's next? Comment "ME" below and Message
Me!

76

👏👏 CONGRATULATIONS!! 👏👏

From a size ____ to a size ____!!

People are getting results with this 3 Pill System!!

Who's next? Comment "ME" Below For Details!

80

👏👏 (Name) honey!!! Congratulations 👏👏

When you have a strong reason why, you take
action and get disciplined...

RESULTS will be evident!!

Who's next to get started? Comment "ME" Below!

77

👏👏👏 CONGRATULATIONS!!! 👏👏👏

____LBS TO ____LBS!!!

Make up your mind and commit to get results!

Or keep debating and stay the same.

Who's next to get results? Comment "ME" below or
Message Me!

81

👏👏👏 Yesssss Congratulations!!!! 👏👏👏

____lbs of fat gone in ____months.

Are you wanting to shed unwanted weight?

Comment "ME" or Message Me For Details!

82

👏👏👏 Congratulations (Name)!!! 👏👏👏

Do you see the difference? 🙄

The money you can save on your wardrobe if you get determined to shed the pounds you gained...

Who's next? Comment "ME" Below or Message Me.

83

👏👏 Yesss (Name)!!! Congratulations!! 👏👏

There's something about feeling comfortable in your own body that increases your level of confidence....

Be free to wear clothes that fit your style, be free to take full body pictures not just headshots, be free to look in the mirror and be pleased with seeing the results you desire.

Who's next? Comment "ME" below or Message Me!

84

👏👏👏 When food stops being your enemy and becomes your friend.

👏👏👏 When you shed your "baby weight" while your child is still a baby and not a teen or grown adult.

There are two types of people, those who get comfortable being miserable and those who get uncomfortable so they can get results.

Which type are You?

Are Ready To Reach Your Goals?

Comment "ME" Below or Message Me!

#getoutyourcomfortzone #itsyourtime
#bodybydesign

85

👏👏 Congratulations (Name)! ___lbs down! 👏👏

Who's ready to drop belly fat like (Name) did??? (Name) has lost ___ lbs and is close to reaching her goal.

It doesn't matter your age #NoExcuses 😊👉

Who's Next? Comment "ME" below or Message Me For Details!

86

👏👏👏 Yess (Name) yesss!!! 👏👏👏

When you want to turn your fine into finer 👏

Who's next? Comment "ME" Below or Message Me.

87

👏👏 Yesss (Name)!!! Congratulations!!! 👏👏

When you get serious about your goals you're willing to sacrifice and push through challenges.

Do You Seriously Want To Reach Your Goals?

Comment "Me" Below or Message Me!

88

👏 Time To Get Summer Ready Ladies!! 👏

🏖️ Going to the beach 👤

🏖️♂️ Hanging out by the pool 👤

🏖️ Traveling to an island 👤

🚢 Going on a cruise 👤

💍 Getting married or in a wedding 👤

Are You Ready To Give Summer the Body You Give It?

Comment "ME" Below Or Message Me!

89

👏👏👏 You Go (Name)!!! ___lbs down in ___months using the 3 Pill System!!!! 👏👏👏

There are two types of people: the ones who wish they could and the ones who proved they could.

Which one are you? #itsyourturn

If You're Ready To Prove You Can Comment "ME" Below or Message Me!

The power of a made up mind...

90

👏👏👏 Yess (Name)!! Congratulations!! 👏👏

He lost over ___ pounds using our weight loss pack!! Amazing!!!
Who's next to reach their goal?

Comment "ME" Below or Message Me!

91

👏👏👏 Yes (Name)t!! Congratulations!! 👏👏👏

Losing weight is easy...
Changing your habits to lose the weight is the challenge...

Who's Ready for a mindset change?

Comment "ME" below or Message Me For Details!

#RenewYourMind #TransformYourLife
#HealthJourney

92

👏👏👏 Ayyyeeee ___ to ___!!! 🙌👤👏👏👏

When you trust the process and stay consistent the results will be undeniable!

Who's next?

Comment "ME" Below Or Message Me For Details!

93

👏👏👏 Yes! Yes! And Yesssss!!!! 👏👏👏

Sometimes you've just got to throw out the scale, enjoy the process and fall in love with the outcome

💕 Who's Next?

Comment "ME" Below Or Message Me!

94

👏👏👏 Congratulations!!! 👏👏👏

The thing about change is it's absolutely possible with a made up mind, determination and consistency.

Who's Ready for their change?

Comment "ME" Below Or Message Me For Details.

95

👏👏👏 CONGRATULATIONS!!! 🙌🙌👏👏👏

(Name) lost ___pounds with our 3 Pill System! 👏👏👏👏

Do the products work? Absolutely!
But you don't need to believe my pictures just try it for yourself 😊

Who's Ready to Lose ___lbs? Comment "ME" Below Or Message Me!

96

👏👏👏👏 Congrats (Name)!!!👏👏👏👏

It's a waist snatching epidemic!!!

Who wants next?

Comment "ME" Below Or Message Me!

97

👏👏👏👏👏 YESSSSS!!!!👏👏👏👏

In these two picture you see the results of consistency for 60 days!!!

Waist Snatched and curves intact!!!

Who's next? Comment "ME" Below Or Message Me!

98

👏👏👏 Yesss (Name)!!! Congrats!!👏👏👏

It's not all about the weight you lose but the life you gain;

- Increased Confidence
- More Energy
- Feel Healthier
- And a New Wardrobe 🧑💡😊 !!

Who's next? Comment "ME" Below Or Message Me!

99

LOSE YOUR BELLY!

Drop 1lb a Day...

No Surgery. No gimmicks.

100% MONEY BACK GUARANTEE

👉ALL-NATURAL👉
👉ORGANIC👉
👉HOMEOPATHIC👉

COMMENT "INFO" BELOW OR MESSAGE ME FOR DETAILS!

100

BANISH BELLY FAT!

7 Ways to Permanently Banish Belly Fat

- Eat Real Food - Not Processed and Junk Food
- Manage Stress Levels
- Address Food Sensitivities - Gluten and Dairy are Two Big Ones
- Get 7-8 Hours of Sleep
- Optimize Your Nutrient Levels - Use a Great Multivitamin
- Monitor Alcohol Consumption
- Exercise Regularly

Congrats (Name) for banishing belly fat using a few simple tip and using 3 Pill System!!

Who's next to Banish Belly Fat?

COMMENT "INFO" BELOW OR MESSAGE ME FOR DETAILS!

101

BURN FAT LIKE CRAZY

In Less Time...

No Surgery. No gimmicks.

100% MONEY BACK GUARANTEE

👉ALL-NATURAL👉
👉ORGANIC👉
👉HOMEOPATHIC👉

COMMENT "INFO" BELOW OR MESSAGE ME FOR DETAILS!

102

LOSE 20 LBS WITHOUT DIETING

Drink Water. Take Supplement. Lose Weight

100% MONEY BACK GUARANTEE

👉ALL-NATURAL👉
👉ORGANIC👉

COMMENT "INFO" BELOW OR MESSAGE ME FOR DETAILS!

103

SHRINK YOUR BELLY

How To Flip Your Metabolism Switch

- Secret #1: Understand The Stress Connection - One of the Main Causes of Weight Gain
- Secret #2: How to Flush the Fat Away- Drink Water
- Secret #3: Thermogenic Exercise - High Intensity Workout for Short Amount of Time
- Secret #4: Supercharge Your Sleep - Make Quality Sleep a Priority

Congrats (Name) from flipping on your metabolism switch and using the 3 Pill System!

Who's ready to shrink their belly?

COMMENT "INFO" BELOW OR MESSAGE ME FOR DETAILS!

105

SPEED UP WEIGHT LOSS

Fill up your refrigerator with the following foods:

- Cucumbers
- Citrus Fruit
- Oranges
- Celery
- Apples

Congratulations (Name) for speeding up your weight loss and losing ___lbs!

Who's next to speed up their weight loss?

COMMENT "INFO" BELOW OR MESSAGE ME FOR DETAILS!

104

#1 TRICK TO FAST WEIGHT LOSS

No Surgery. No gimmicks.

100% MONEY BACK GUARANTEE

ALL-NATURAL
ORGANIC
HOMEOPATHIC

COMMENT "INFO" BELOW OR MESSAGE ME FOR DETAILS!