

90 Day Run Activity Tracker Worksheet

Name: _____ **Date:** _____

TEAM BUILDING & SPONSORING POINTS	Points
Personally Enroll a NEW Brand Partner (PAID)	10
Personally Enroll a NEW Brand Partner (FREE)	4
TALK to 2 NEW A prospect WATCHED a BUSINESS presentation (zoom, watch party, video)p	2
Do a STRATEGY SESSION with a NEW Brand Partner	5
Do a 3 WAY CALL or 3 WAY FB CHAT with your upline/team	5
Obtain a referral from an UNINTERESTED prospect	8
Register for the next major CORPORATE EVENT	10
Attend a virtual BUSINESS NETWORKING Event	4
Do an ACCOUNTABILITY CALL with a team member	2
Attend a Live V.I.P. Business Overview Call WITH a GUEST	5
Follow up with a prospect and collect a DECISION	4
TOTAL	

CUMULATIVE TOTAL

RETAIL & CUSTOMER ACQUISITION POINTS	Points
Personally Enroll a NEW customer with at least a 50 CV order	10
Obtain three referrals from an EXISTING customer	5
Customer did a referral post for you	3
Friend /acquaintance does a PRODUCT related curiosity post for you	3
Prospect watched or listened to a PRODUCT Presentation	2
Host a PRODUCT FOCUSED Social/Party/Zoom	8
Mail out a product SAMPLE	2
Hand out a product SAMPLE and COLLECT contact information	5
Retail (sell) a product SAMPLE	7
EXISTING customer placed an order for the month	2
Follow up with a POTENTIAL customer and collect a DECISION	4
TOTAL	

CUMULATIVE TOTAL

SOCIAL MEDIA POINTS	Points
ATM 2 NEW people	2
ATM 5 NEW people	5
ATM 10 NEW people	20
Comment on 10 friends posts that are NOT in B-Epic	10
Comment on 5 FB lives of people NOT in B-Epic	3
Send a private VOICE message to ALL friends with BIRTHDAY'S today	1
Add 5 - 10 NEW people to your Facebook/Instagram friends list	5
Delete 5 friends that you DO NOT engage with on Facebook/Instagram	1
Post an INTERACTIVE post	3
Do a FACEBOOK LIVE for at least 5 minutes	10
Post a BUSINESS OPPORTUNITY related curiosity post	3
Post about FAMILY, RECIPES and POSITIVE CURRENT EVENTS	3
Post a MOTIVATIONAL QUOTE	1

90 Day Run Activity Tracker WorksheetName:**Week of:**

Join a NEW Facebook community and make a POST inside of the group	5
Comment on a POST in a NON B-Epic Facebook group	2
TOTAL	
CUMULATIVE TOTAL	
PERSONAL DEVELOPMENT & TRAINING POINTS	Points
Read at least 5 AFFIRMATIONS out loud 3 times	5
Read or Listen to a BOOK for 30 minutes	5
Read or Listen to a NETWORK MARKETING Training for 30 minutes	5
Attend the TEAM MASTERMIND & TRAINING CALL	5
Attend the TEAM STRATEGY CALL	5
Complete the B-Epic Routine Tracker	5
TOTAL	
CUMULATIVE TOTAL	
WEEKLY GRAND TOTAL:	
BUILDING TO DIAMOND	
<i>PACE Walking</i>	100
<i>Power Walk</i>	175
<i>Slow Jog</i>	350
<i>Jogging</i>	700
<i>Sprinting</i>	1400+
Number of New customers:	0
Number of New Brand Partners:	0
<i>"Success is neither magical nor mysterious. Success is the natural consequence of consistently appl</i>	

Week of:

3

90 Day Run Activity Tracker WorksheetName:

Week of:

							0
							0
0	0	0	0	0	0	0	0
							0

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Total
							0
							0
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							0
							0
							0
0	0	0	0	0	0	0	0
							0

							0
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ying basic fundamentals.” — Jim Rohn

