## Why EVERYONE should drink REGENER8

We ALL produce something called free radicals in our bodies everyday due to lack of exercise and sleep, stress, cigarette smoke (including second hand), sun radiation and pollution and these free radicals build up in the body and attack our healthy cells (leading to cellular damage) which leads to oxidative stress.

Oxidative stress is the leading cause of autoimmune disorders (arthritis, lupus, fibromyalgia etc.), heart disease, cancer, aging, and a variety of other serious diseases. Our cells are constantly fighting to stay healthy and whole but free radicals disturb the stability of our cells. Each of our cells gets on average 10,000 free radical hits per day. Since this destructive process is through OXIDATION, the answer is ANTI-OXIDATION. This is achieved with antioxidants.

This is important because this product is not just for those with health challenges but to also help PREVENT health challenges from occurring in healthy people.

**GENER8** 

Aging & Anti-Inflammation

In addition to being a part of our body, antioxidants are primarily found in fruits, vegetables and even various spices. Antioxidants NEUTRALIZE these free radicals and assist in returning your body to a balanced state and increase your body's free radical fighting power. The more antioxidants we flood our body with, the more we maintain better health and decrease the possibilities of getting sick. Antioxidants help your cells remain healthy, vibrant and strong.

We can measure antioxidant value using something called an ORAC rating. This measures the capacity of antioxidants in any substance to fight free radical damage. An apple has a 3,000 ORAC, Ginger 28,000 ORAC, Curcumin (traditional) has a 9,000 ORAC and REGENR8 has 6 million per gram.

So, we have two choices. We can either eat a MINIMUM of 10 servings of fruits and vegetables and exercise and sleep well EVERY DAY or we can take a supplement such as REGENR8. For more detailed information go to https://vimeo.com/473165956.

## Power of Collagen / Hyaluronic Acid (HA)

We are all born with Collagen and HA. HA is found anywhere there is moisture in your body from your head to your toes. Topicals do NOT penetrate the dermis because skin is the barrier. This is why we must focus on replenishing it from the inside out. By our mid 30's our bodies go from a plum to a prune and we are literally drying up. As we get older our skin begins to loosen and at that point it's irreversible which is why we want to start addressing this at a young age. We do not get enough of it in our regular food so we must supplement.

Collagen supports your joints, organs, connective tissue and skin. Once you start losing collagen and HA you will FEEL before you SEE it.

Regenr8 is best known to increase the skin's collagen content, reduce wrinkles from the inside out without injections, lift sagging skin without surgery, eliminate dryness in ALL areas of the body without the use of topical moisturizers, decrease and oftentimes eliminate joint discomfort, promote healthy cartilage & connective tissue, supports cardiovascular health, help grow your hair and nails grow AND slow down the aging process.

The aging process begins at 23; cells then go in reverse and our immune system drops significantly by age 40. It is extremely important that we do whatever we can do to combat this with our product.

